

Aspect Adolescent Support

Some young people with autism spectrum disorder have particularly high support needs. If eligible they, together with their families, may benefit from an Autism Spectrum Australia (Aspect) program offering service coordination and Positive Behaviour Support.

Aspect Adolescent Support specialists work in partnership with families and other professionals to build a strong team, supporting the young person at home, at school and in other settings. The program uses evidence-informed strategies to help the young person to participate in everyday community activities and to enrich their quality of life.

Each Aspect Adolescent Support program offers:

- a person centred approach
- focus on family goals
- family assessment and support
- autism-specific Positive Behaviour Support training for families, teachers and other support people
- coordinated access to services
- a support plan for the individual and their team
- guidance with implementation and review
- help during service exit and referrals
- evaluation of the service in addressing goals

Aspect Adolescent Support is funded by the Department of Family and Community Services, Ageing, Disability and Home Care (ADHC) and is free for young people and families living within the ADHC Metro North region of Sydney.

autismspectrum.org.au/adolescentsupport





Aspect Adolescent Support

Find out more

Aspect Adolescent Support is for young people aged 12 to 18 years, who have a formal diagnosis of autism and an intellectual disability living in the ADHC Metro North region of Sydney.

Referrals are welcome from families, schools or other services and are processed through a quarterly panel Referral and Intake System. Contact us for detailed information about the eligibility criteria and selection process.

Aspect Adolescent Support

T 1800 ASPECT (1800 277 328)

E customerservice@aspect.org.au

W aspect.org.au/adolescentsupport

People with autism spectrum disorder and their families have been supported by Aspect since 1966. We help people achieve their potential through a range of services, including Aspect Adolescent Support. As a not-for-profit organisation, we are assisted by government funding, contributions by people who use our services and their families, and the generosity of our donors and supporters.

Autism Spectrum Australia (Aspect)

Building 1, Level 2, 14 Aquatic Drive Frenchs Forest NSW 2086
PO Box 361 Forestville NSW 2087

T 02 8977 8300 **W** www.aspect.org.au

