

## My priorities and concerns:

**What are my priorities and concerns for my child?**  
It may be helpful to list some areas you would like to see addressed first. Some examples:



**Will the service I am interested in meet these needs and concerns?**  
It may be helpful to give examples of your concerns, ask about what type of therapy the service offers and what the therapy involves. Bear in mind you may need more than one therapy service.

If not, look at other therapy services that can address these needs

**What are the needs of my family?**  
It may be helpful to consider the impact therapy may have on your family. Some examples:



### Will this service fit in with the needs of my family?

Based on the needs you have identified for your family you may need to ask the therapy service some additional questions to find out if they can meet your needs. Some examples:

Is there a choice of home or centre based therapy or preschool visits?

Are therapy sessions available out of school hours?

What will your role be in the therapy?

Is parent training available? If so, how is it delivered?

Can the therapist work with sibling relationships?

If not, look at other therapy services that can address these needs. Speak to your advisor about this. The Other Options for Support booklet can also provide you with options.

### Different Approaches to Early Intervention:

It is important to look at the research that has been done into a particular type of therapy. The Raising Children Network website is a good place to start. The website is [www.raisingchildren.net.au](http://www.raisingchildren.net.au). You can also speak to your Autism Advisor

### Some examples of early intervention approaches.

This is not a complete list and we recommend you research any therapies you are interested in.

**Behavioural Interventions**  
(e.g. Applied Behaviour Analysis (ABA))

**Developmental Interventions** (e.g. Relationship Development Intervention (RDI) or Developmental, Individual Difference Relationship-Based, Floortime (DIR Floortime))

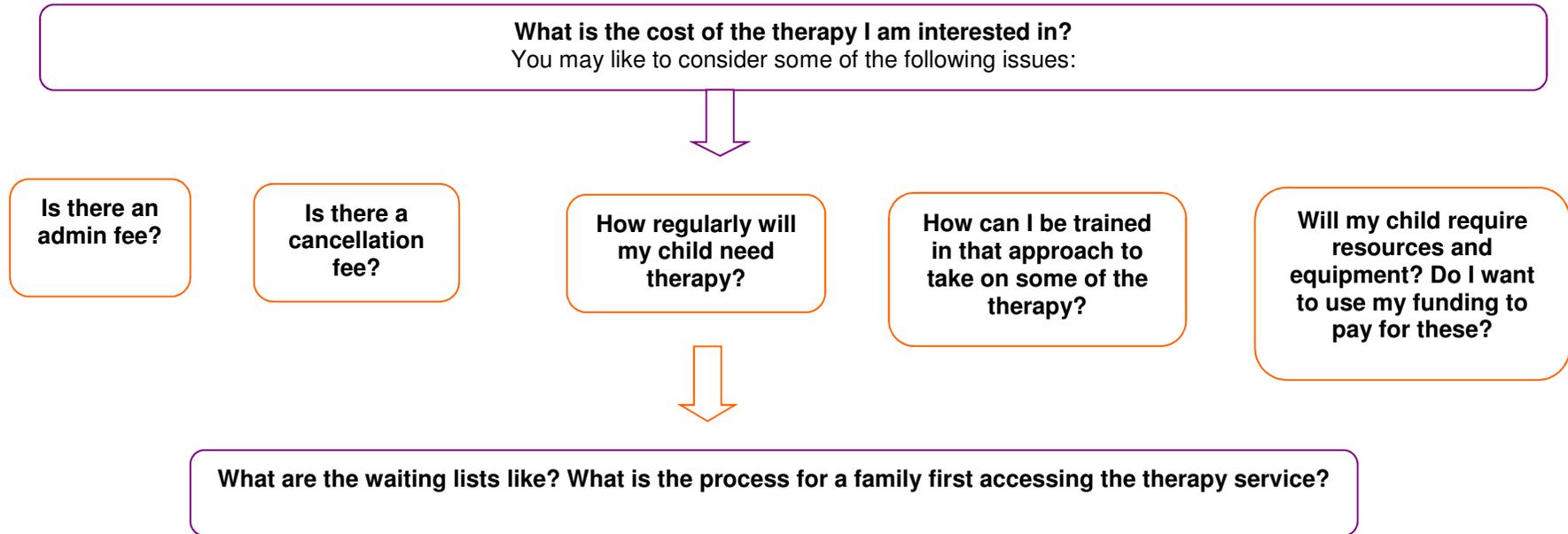
**A combined intervention that takes into account developmental and behavioural approaches**

**Medical Interventions**  
(Please note that this is not a cure but some medications are used to help with certain symptoms – you must speak with a medical practitioner)

**Therapy based intervention** (i.e. using specific therapists such as Speech Pathologist or Occupational Therapists)

**Other approaches**

**Other considerations:**



This flow chart is designed to give you some things to consider when deciding on a therapy service. This is will, by no means, cover everything that may come up and should only be used as a guide. You should add your own questions where relevant. Your Autism Advisor is also available to help you