Support Options – South West Sydney

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Autism Spectrum Australia (Aspect) does not in any way endorse or recommend these resources. We encourage parents and carers to conduct their own research before selecting an appropriate resource for their child.
Support Groups

A place to meet and talk with other families who have a child with Autism

**Autism Advisory Support Service**

Location: Liverpool
Phone: 1300 222 777
Email: info@aass.org.au

Parent support groups and drop-in playgroups

**Autism Community Network**

Location: Sydney metropolitan regions
Contact: Steve Drakoulis
Phone: 9543 9036 or 0431 724 229
Email: steve@autismcommunity.org.au
Website: www.autismcommunity.org.au

**Catholic Care**

Provide tailored services to meet the unique needs of children with disabilities and their families.
Phone: 02 877 842 22
Email: connect@catholiccare.org

**Uniting Parent Support Group**

For parents/carers of Aboriginal child with behavioural or emotional issues, early/pre diagnosis or any disability*
Location: Minto
Contact: Amanda
Phone: 02 9820 7447
*Contact service for more info

**Vietnamese Support Group Bonnyrigg**

Location: Bonnyrigg
Contact: Mrs Lam Thi Duyen
Phone: 9823 6041

**Arabic Support Group**

Held 1st Wednesday of the month 10am-12pm
Location: Liverpool
Phone: 1300 222 777
Email: info@aass.org.au

**Anglicare**

Family support, counselling, case management and Early Intervention programs and support for children aged 0-17.
Phone: 02 878 41300
Email: gina.gray@anglicare.org.au

**Macarthur Autism Family Support**

Location: Campbelltown: 10.30am on the 3rd Wednesday of each month at Essen Restaurant – 54 Queen St, Campbeltown.
Camden: 10.30am on the 3rd Thursday of each month – Contact the team for current location
Phone: 02 4621 8400.
Email: macarthurautismfamilysupport@wordpress.com

**Autism Advisor Program Support Group**

Information and support groups for parents/carers of child 0-7 with an ASD diagnosis; based on expressions of interest in each area. There are 4 sessions in total
Phone: 1300 978 611
Email: autismadvisor@autismspectrum.org.au

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Learning Links
Provide case management & intervention for children with mild to moderate disability 0-18 years and their families and Early Links program for children 0-9 years supporting families of children undergoing diagnosis or newly diagnosed with disabilities. Work with families to support and coordinate services and make referrals.

Phone: 02 9426 4300
www.learninglinks.org.au

Family Support

Transcultural Mental Health Centre
Provides support and information to carers from Culturally and Linguistically Diverse communities who look after a family member or friend with a mental health problem, including autism

Phone: (02) 9912 3851
or
1800 648 911 (Mon-Fri 08:30am- 5pm)

Phone: 1800 011 511 (for support in crisis – 24hrs/7days a week- NSW Mental Health Line)
www.dhi.health.nsw.gov.au

The Junction Works
Assisting families caring for a child with a disability to access community resources and develop support networks.

Vacation Care Program - 5yrs -12yrs - Vacation Care is a school aged care service that provides children with the opportunity to participate in leisure and play-based activities that are responsive to their needs, interests, and choices.

Community 2168 - a learning and support program for children aged 8-12 years living in the 2168 postcode.

Youth and Family Support - a targeted, medium term intervention for young people exhibiting difficulties. This service provides youth case management, family support and targeted skills development workshops for young people.

Phone: 02 8777 0500
Email: info@thejunctionworks.org
www.thejunctionworks.org

SDN Children’s Services – Family Support
SDN works in partnership with different services and community members to provide tailored and effective support for families.

SDN also refers to Brighter Futures voluntary program which delivers targeted early intervention for families with high complex needs.

Phone: 1300 831 445
Email: sdn@sdn.org.au
Web: www.sdn.org.au

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Other Support for Early Intervention Services

ECIA NSW / ACT is the peak body for early childhood intervention in NSW / ACT. It represents professionals and service providers in early childhood intervention and related sectors, promoting the interests of young children with disabilities and developmental delays, and their families.

You can find out about early intervention at [www.ecia-nsw.org.au](http://www.ecia-nsw.org.au) or call 1300 65 68 65.

Families are able to choose only one state funded early intervention option.

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Aspect Early Intervention & Therapy

Autism-specific early intervention classes with a group program for the child and a parent training session.

**Phone:** 02 8977 8341

**Email:** [customerservice@autismspectrum.org.au](mailto:customerservice@autismspectrum.org.au)

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Assessment & Behaviour Intervention (ABI)

Behaviour support programs with a strong emphasis on training and education using the principles of Applied Behaviour Analysis (ABA).

**Phone:** 02 9569 7700

**Email:** info@abinsw.org.au

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LifeStart Early Intervention Program

Provides therapy and support services to children and young people and their parents/carers. Includes play-based learning groups, open play, transition to school and Individual Family Service Plan.

**Phone:** 02 93640111 or 02 4633 3870

**Email:** sws@lifestart.org.au

**Website:** [www.lifestart.org.au](http://www.lifestart.org.au)

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Financial Support

Carer Adjustment Payment
The Carer Adjustment Payment is a one-off payment to some families who have a child under 7 diagnosed with a severe illness, medical condition or major disability and are ONLY receiving the Carer Allowance from Centrelink. Families should contact Centrelink directly regarding eligibility. Please click on the following link for further information regarding this payment:

Phone: 13 27 17 (Centrelink's Disability, Sickness and Carer's Line)
Website: www.humanservices.gov.au/customer/services/centrelink/carer-adjustment-payment

Carer's Allowance
This is administered by Centrelink and assists Carers looking after a child or an adult with a severe disability and/or medical condition which requires much additional attention – Autism included.

Phone: 13 27 17 (Centrelink’s Disability, Sickness and Carer’s Line)
Website: www.humanservices.gov.au/individuals/services/centrelink/carer-allowance

Carer's Payment
Carer's Payment is income and assets tested, similar to a full pension and difficult to qualify for. This factsheet provides a summary of the qualifications, payment rates and income/assets test for Disability Support Pension, Sickness Allowance, Carer Payment, Carer Allowance and Mobility Allowance.

Phone: 13 27 17 (Centrelink’s Disability, Sickness and Carer’s Line)
Website: www.humanservices.gov.au/individuals/services/centrelink/carer-payment

Companion Card
This card is designed to promote the rights of people with a disability who require a companion to fully participate in events. The Companion Card is issued to residents of NSW with a significant and permanent disability who are unable to participate in most community based activities without significant assistance with mobility, communication, self-care, planning and where the use of aids and other technologies does not meet those needs. The companion card is not issued to every person with a disability. Families are encouraged to read the eligibility criteria to see if they would like to apply.

Phone: 1800 893 044
Website: www.nswcompanioncard.org.au

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**Health Care Card**
The Health Care Card may entitle the holder to significant discounts on visits to the doctor (bulk billing) / filling scripts at the pharmacy and entertainment venues (e.g. Easter Show, Sea World).

**Phone:** 13 24 90  

**Medical Expenses Tax Rebate**
Taxpayers may be able to claim a rebate on their medical expenses over a certain amount. For information on thresholds and what you may be entitled to please visit the web link below. *(Please note that this scheme is being phased out. Please refer to ATO website for more information)*

**Phone:** 13 28 61 (ATO)  

**Medicare Safety Net**

**Phone:** 13 20 11 (Medicare)  

**The NSW Spectacles Program**
Provides government funded glasses and vision aids to eligible recipients including seniors, children, people experiencing homelessness, those living in rural and remote areas, people with disability and Aboriginal and multicultural communities.
Under Vision Australia’s administration, significant improvements have been made to the scheme with a new online application and assessment process. The process streamlines applications and product delivery for optometrists, and reduces waiting times for the delivery of glasses.

[www.visionaustralia.org/services/nsw-spectacles-program](http://www.visionaustralia.org/services/nsw-spectacles-program)  
[www.visionaustralia.org/services/nsw-spectacles-program/how-to-apply](http://www.visionaustralia.org/services/nsw-spectacles-program/how-to-apply)
Options for Respite

Commonwealth Carer Respite
Commonwealth Carer Respite Centres will put you in contact with your local service (only short-term / emergency service). They can also give you information regarding other services you may be eligible to access.

Phone: 1800 052 222 or 1800 059 059
Website: www.carersnsw.org.au/advice/services-supports/respite-carer-support

Sydney In-home Childcare Services
NSW In-Home Childcare Service outsources in-home care for families who meet the Australian Government Department of Education eligibility criteria. It appoints a licensed childcare service or other service called an In-Home Childcare Service Provider who can offer child care support in the child’s home by an approved carer. It is targeted to families who have no existing access to childcare services. Please check the website for the agency running the program in your area.

Phone: 02 9779 9999
Website: www.nswfdc.org.au

Respite Choices
Macarthur Respite Care
Home and community based respite for children and young people with a disability.

Phone: 02 4655 6242
Email: services@respitechoices.com.au

Share Care
Respite services for families in Liverpool, Fairfield and Bankstown areas

Phone: 02 9823 8048
Email: admin@sharecare.org.au
Playgroups

PlayConnect is part of Playgroup Australia. PlayConnect is a playgroup program facilitated by a development worker. PlayConnect is for families with young children who have an Autism Spectrum Disorder (ASD) or who present with ASD-like characteristics. PlayConnect playgroups provide a safe, supportive and friendly environment for these young children to experience rewarding play activities and to learn through play. Parents also benefit from shared experiences and access to helpful resources.

Phone: 1800 790 335
Website: www.playgroupaustralia.org.au

Playgroups Australia
Playgroup NSW is the peak body representing playgroups across the state. Playgroup NSW can provide information on general playgroups in your area (not disability specific) Playgroup is all about creative and unstructured learning through play, which is essential to children’s development, as it helps them explore and understand their world. Most playgroups meet once a week for a couple of hours. Sessions are lightly structured as informal gatherings where babies, toddlers and preschool-aged children along with their parents or carers come together in a relaxed and friendly environment to connect, play and learn.

Phone: 02 9684 9500 (NSW) or 02 6103 0173 (National Office)
Email: admin@playgroupnsw.org.au
Website: www.playgroupnsw.org.au

MyTime
MyTime groups are free support for people caring for children (up to 16) with disabilities. Groups aren’t diagnosis specific, and you can attend even while going through the diagnosis process. You can also bring along children below school age. MyTime Playgroups are for children with a variety of disabilities. There is a parent support group that runs alongside the playgroup.

You can find out information about your local playgroup from the website below.

Website: www.mymeet.net.au
Koorana
Koorana supported playgroups are staffed by Early Childhood Educators and Family Workers. Koorana’s Playgroups are for families with a child between the ages of 0 and 6. All groups are tailored to the individual needs of the families attending. Each Playgroup runs for 2 hours once a week in school terms. Families generally participate in Supported Playgroups for up to 12 months. Playgroups are run in community halls and parks across the Bankstown and Canterbury local government areas during school term. A worker can arrange for an Interpreter if required.

Phone: 02 9750 4100
Email: enquiries@koorana.org.au
Website: www.koorana.org.au

Early Years Therapy Playgroup A weekly playgroup for children aged 0-6 years with a diagnosis of autism. Facilitated by a Speech Pathologist, Occupational Therapist, Music Therapist and/or Psychologist who offer effective therapy through structured play and music, support for transition to school, and also provide positive strategies to parents and carers.

Phone: 02 9601 2844
Email: info@aass.org.au
Website: www.aass.org.au

Multicultural Playgroups Supporting migrant and refugee families with children 0-5. Groups currently running on Mondays and Fridays. For more information or to register, call Noni on 8778 1217 or email noni@wsmrc.org.au
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**Specialist Child Care Options in Your Area**

**KU Marcia Burgess Autism Specific Early Learning and Care Centre** - provides an evidence-based intervention (The Early Start Denver Model) for children with a diagnosis of autism. The Centre is funded by the Federal Government to deliver autism-specific education and care to 20 children a day, up to 5 years of age, in a long day care setting. The Centre is one of 6 ASELCCs across Australia and the only one in NSW.

**Phone:** 02 9612 9400

**Website:**
www.ku.com.au/childcare/centres/kumarciaburgess

**Miller Community Preschool and Early Childhood Intervention Service (Mission Australia)** - provides an inclusive program for up to 40 children per day, with a minimum of 10 places for children with disabilities or developmental delays. Preschool Autism Class (PACS) – an autism-specific group for 10 children diagnosed with Autism Spectrum Disorder, held two days a week. Families can also consult with a Speech Pathologist, an Occupational Therapist and a Family Support Worker.

**Phone:** 02 9607 6854

**Website:**

**KU Children’s Services**

KU Children’s Services, Include Me and Gowrie NSW deliver the Inclusion Support Programme in NSW & ACT. The Inclusion Support Programme assists early childhood and child care services to include children with additional needs by providing tailored inclusion advice and support from Inclusion Agencies. The programme also provides specialist equipment and funding to address inclusion barriers where required. Please be aware funding cannot be used to access one on one support.

**Phone:** 1800 703 382

**Email:** inclusionagency@includeme.com.au

**Website:**
http://www.inclusionagencynswact.org.au/home

**Child Care Access Hotline**

Phone: 1800 670 305 between 9:00am-5:30pm AEST Mon-Fri

**Inclusion Support Programme**

The Inclusion Support Program provides funding and support to mainstream early childhood and child care (ECCC) services to build their capacity and capability to include children with additional needs alongside their typically developing peers.

**Website:** www.mychild.gov.au/news/new-inclusion-support-programme

**PDSP (Preschool Disability Support Program)** for preschools and vacation care

Provide funding for NSW children’s services that are State only funded and are not an approved service for the purpose of receiving the Commonwealth Child Care Benefit (CCB). The aim is to help children with additional needs access preschools and vacation care. You can ask the preschool or vacation care service to arrange this. Your child care service or preschool should know whether they need to apply for PDSP funding or Inclusion Support Funding.
Available Workshops

**Early Days Workshops**
Free of charge for parents and carers to help them learn more about Autism Spectrum Disorders (ASD)
Website: www.autismspectrum.org.au/earlydaysworkshops

**Positive Partnerships Workshops**
Free of charge for parents and carers who have school age children with an Autism Spectrum Disorder (ASD). If you are unable to make a workshop you could access their online information through the training modules.
Website: www.positivepartnerships.com.au

**Autism Spectrum Australia (Aspect)** offers a variety of workshops for parents/ carers and professionals focused on information about Autism Spectrum Disorders
Website: www.autismspectrum.org.au (click on the orange workshops tab to access the online calendar)

**Sue Larkey**
Offers workshops for professionals, parents/carer’s and anyone wanting to understand more about autism spectrum disorder and how to support children and adults with ASD. The workshops also provide information on social skills, play, visuals, anxiety and strategies for behavior support. To find out more about dates and prices please access this website.
Website: www.suelarkey.com.au/workshops

**Tony Attwood**
Runs workshops with a focus on Asperger’s Syndrome. There are online workshops and occasionally face to face workshops. To find out more about dates and prices please access this website.
Website: www.tonyattwood.com.au

**Family Connections Sydney**
Provide practical workshops for parents and caregivers to provide support and information on their children's special needs.
Website: www.familyconnectionsydney.com.au
Phone: 02 9543 6902

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Available Workshops (continued)

Connect Therapy
- Website: www.connecttherapy.com
- Email: info@connecttherapy.com
- Phone: 02 9460 9838

Aspire Early Intervention
Provide a range of online workshops or in-services for schools, pre-schools, parent groups, or government agencies. These workshops can be tailored specifically for any topic or can be chosen from a set number of topics.
- Website: www.aspireearlyintervention.com
- Phone: 02 9648 4442
- Email: info@aspireearlyintervention.com

Quirky Kid – Psychology Clinic – Child+ Adolescent+ Family
Provide a range of workshops for parents/carer’s and children. Also provide interactive workshops will introduce parents to useful resources to address children’s social and behavioral issues commonly discussed in a play therapy session.
- Website: www.childpsychologist.com.au
- Phone: 02 9362 9297

Learning Links provide practical workshops which allow parents and carers to build on their knowledge and skills to apply at home. Topics include: Reading, Writing, Number skills, Spelling, iPad app use for children with learning difficulties / disabilities, Transitioning to school, Children’s behavior.
- Website: www.learninglinks.org.au/workshops/
- Email: workshops@learninglinks.org.au
- Phone: 02 8525 8222

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Useful Resources

National Disability Insurance Scheme (NDIS)
The National Disability Insurance Agency (NDIA) is an independent statutory agency whose role is to implement the National Disability Insurance Scheme (NDIS), which will support a better life for hundreds of thousands of Australians with a significant and permanent disability and their families and carers. This scheme has rolled out New South Wales.

Phone: 1800 800 110
Website: www.ndis.gov.au

Autism Spectrum Australia (Aspect)
Aspect is the state autism association and offers a number of services including family support programs, schools, intervention programs, adult programs and a diagnostic and assessment services. Aspect has also produced fact sheets and manuals which are available on their website.

Phone: 1800 277 328 (1800 ASPECT)
Website: www.autismspectrum.org.au

A Different Brilliant
Celebration of people with autism being ‘a different brilliant’
Website: www.adifferentbrilliant.org.au

Therapy Connect
Free online resource to help families understand therapy choices and early intervention.
Website: www.therapyconnect.amaze.org.au

Autism Community Network
Phone: 02 9543 9036 (Mon - Fri 9:00 am to 5:00 pm)
0431 724 229 (Saturday 9:00 am to 5:00 pm)
Email: info@autismcommunity.org.au
Website: www.autismcommunity.org.au

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Autism Awareness Australia
Phone: 1300 900 681
Email: office@autismawareness.com.au
Website: www.autismawareness.com.au

Autism Apps:
Phone: 02 9489 8900 (Metro)
1800 636 427 (Regional)
Email: autismwa@autism.org.au
Website: www.autismapps.org.au

Online Book Stores
Website: www.resourcesathand.com.au  (ASD specific book store)
www.abilitybooks.com.au  (disability specific books)

The Australian Autism Handbook
A handbook written by two parents of children with Autism in Australia.
Website: www.seanasmith.com/books/the-australian-autism-handbook/

Through the Maze
Information and support handbook for parents and carers of children and young people with a disability in NSW (can be downloaded for free) resource was developed in partnership with families and includes information about navigating services and supports for children and young people with disability in a range of life areas. These include the education system, medical and health services, early intervention, post school transition, housing, communication support, advocacy, disability services and supports and more.
Phone: 1800 222 660
Email: info@cyda.org.au
Website: www.cyda.org.au
Useful Resources (continued)

Carin Clegg – Dietician
Provides fussy eating workshops, one-on-one consults and supermarket tours for families of children with ASD and other disabilities. Specializing in food allergies, food intolerances, weight management, diabetes, heart health IBS and more.

Phone: 0407 492 278
Email: brightdiets@gmail.com
Website: www.brightdiets.com.au

Sensory Room - Macarthur Disability Services (MDS) Camden
The Sensory Room provides therapy and stimulation based programs to improve participants’ quality of life. All ages can benefit from the Sensory Room and is available for public use. The Sensory Room is open from 9am-4pm, Monday to Friday. The cost is $5 per person per half hour. Group discounts available and bookings are essential.

Phone: Camden office (02) 4655 2043 or MDS Head Office (02) 4621 8400.
Website: www.mdservices.com.au/services/disability-services/sensory-room/

Noah’s Ark Toy Library
Large selection of educational and therapeutic toys available for loan to members. Membership for children with additional need is $22 per year. The library is open at Liverpool Library, George Street, on Monday and Friday from 9.30am-1.00pm and on the 1st and 3rd Saturday of the month from 9.00am to 12.00pm.

Phone: (02) 98219453 (during library opening hours only)
Activities and Clubs

Yoga Classes for children with Autism Spectrum Australia
Held at Woodbine Neighbourhood Centre, 83a North Steyne Road, Woodbine
Phone: 02 4625 1254
Email: coordinator@woodbinenc.org.au
Website: www.woodbinenc.org.au/childrens-yoga-classes.html

Inclusion in Surf Life Saving Clubs
Information and tips about inclusion of people with disabilities in surf lifesaving clubs and activities
Phone: 1800 277 328
Website: www.inclusion.net.au/start-here/surf-life-saving-clubs-inclusion/

Macarthur Magic Special Needs Football Club
Email: macarthurmagic@gmail.com
Web: www.facebook.com/Macarthur-Magic-Special-Needs-Football-Club-385913178150842/

NICAN
Information regarding leisure and recreation for people with disabilities throughout Australia.
Phone: 1300 655 535
Email: enquiries@nican.com.au
Website: www.nican.com.au

Campbelltown Swans junior AFL Club – Cygnet Program
Provides a safe environment for children with additional needs and their families to participate in AFL skills and games at Clarke Oval, Kearns
Phone: Mitchell 0405 332 347 or Email: mseal1708@hotmail.com

Uniting Sibs and Kids Groups (based in Minto)
For children with a disability aged 6+ and their siblings.
Phone: Amanda Roa 02 9820 7447
Email: aroa@unting/.org.au

SNAPP Indoor Sports
Indoor sports for children with special needs, ages 5-18
Phone: Camille: 0478 761 832 or Lucy 0419 698 157
Email: snappsporm@hotmail.com
Website: www.facebook.com/SNAPP-Sports-359649154152552

Autism Swim
Autism Swim are national Water Safety and Swimming Specialists in Autism Spectrum Disorder (ASD)
Website: www.autismswim.com.au

The Rainbow Club
The Rainbow club provides swimming lessons for people with a disability.
Website: www.rainbowclubaust.com.au

Casula Power House
Art Classes for children with additional needs
Phone: (02) 9824 1121
Email: reception@casulapowerhouse.com
Website: www.casulapowerhouse.com

Autism Community Network
Phone: (02) 9543 9036 or 0431 724 229
Email: steve@autismcommunity.org.au
Website: www.autismcommunity.org.au

Riding for the Disabled
Riding for the disabled is available to people with a disability throughout NSW.
Website: www.rdansw.org.au

Campbelltown Ghost Scouts
For children and Young people 6yrs-18yrs with special needs
Phone: Sharon 0414 666 204 Tracie 0415 449 787

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School Options for South West Sydney

Department of Education and Communities (DEC)

Students with a disability and special needs are supported through a wide range of programs and services that operate in regular and special schools across the State.

The Learning and Support Team in each school assists classroom teachers to address the educational needs of students with a disability, learning difficulty or behaviour disorder.

Parents or caregivers have a vital role to play in the work of the Learning and Support Team through discussing and planning for their child’s needs.

Mainstream Public Schools, support classes and schools for specific purpose.

Website: www.dec.nsw.gov.au/our-services/schools/disability-services

Phone: 1300 679 332

Autism Spectrum Australia (Aspect)

Autism specific Education Program. Specialist schools and classes for children with autism.

Phone: 1800 277 328

Email: customerservice@autismsspectrum.org.au

Website: www.autismspectrum.org.au

Local base schools:

Western Sydney School, Wetherill Park

Phone: (02) 8786 3000

Macarthur School, Cobbity

Phone: (02) 4651 3901

Australian Association of Special Education (AASE)

Support and advocacy for people with special educational needs to ensure provision and access to quality education services.

Website: www.aase.edu.au

Catholic School System

Offers mainstream schools with support as well as a limited number of special schools.

Phone: 02 9287 1555

(Catholic Education Commission - Main Office)

Email: cecnsw@cecnsw.catholic.edu.au

Independent Schools

Contact the Association of Independent Schools

Phone: (02) 9299 2845

Website: www.aisnsw.edu.au

School Finder link: www.aisnsw.edu.au/Pages/schools.aspx

Transition to School Online Resource

Website: www.transitiontoschoolresource.org.au

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School Options (continued)

Special Learning Difficulties Association NSW (SPED)
A not-for-profit organisation who provide services and advice to children and adults with specific learning needs and those who teach, work and care for them.
Phone: 02 9739 6277

Inclusion Support Programme
The Inclusion Support Program provides funding and support to mainstream early childhood and child care (ECCC) services to build their capacity and capability to include children with additional needs alongside their typically developing peers.

Disability Standards for Education:
A practical guide for individuals, families and communities
Website: http://resource.dse.theeducationinstitute.edu.au/

All-In Inclusion Guide
Website:
Sibling Support

Koorana SIBs Clubs
Sibs Club is a recreational program in Lakemba for primary school aged children (7-12) who have a brother or sister with a disability and/or developmental delay. SIBs club can help your child understand and manage feelings as well as develop coping strategies and increased resilience.

Phone: 02 9750 4100
Email: enquiries@koorana.org.au
Website: www.koorana.org.au

Young Carers Program
The young carer program supports young people who are helping a family member with any health issue.

Phone: 1800 242 636
Email: yc@carersnsw.org.au
Website: www.youngcarersnsw.org.au

Family Camp
Aspect is organising family camps throughout the year. The camps are a great opportunity for children and families to connect with one another and partake in fun activities.

Phone: 02 8977 8397
Website: www.autismspectrum.org.au/content/family-camp

Below are some websites where you can get some online support

Young Carers
Website: www.youngcarers.net.au

Siblings Australia
Website: www.siblingsaustralia.org.au

Livewire
Website: www.livewire.org.au

Children's television shows
Sesame Street has a character with Autism called Julia. Episodes with Julia might be helpful for both your child with Autism as well as their siblings/cousins/friends. The full episode introducing Julia can be found here: https://www.youtube.com/watch?v=dKCdV2o2LMs

Arthur has an episode featuring a character with Asperger Syndrome (now diagnosed as low support needs Autism). This episode would suit older children and can be found here: https://www.youtube.com/watch?v=nsmjwHW40ps

Children's television shows

OAR’s Autism Sibling Support Initiative:
Free workbooks to download for siblings of children with Autism. Age appropriately discuss the diagnosis and how the sibling can practice self-care and strengthen their relationship with their sibling. Booklets for children and teenagers. There is also a workbook for parents with information on how the siblings might be impacted with practical advice on what to do.

Website: www.researchautism.org/family/familysupport/SiblingSupportInitiative.asp

The NSW Autism Advisor Program does not in any way endorse or recommend these resources or services. We encourage parents and carers to conduct their own research before selecting an appropriate resource or service for their child. Last updated February 2018. Please contact NSW Autism Advisor Program for the most up to date version of this document.
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Developed by Cultural & Linguistic Support

Please contact the Autism Advisors to access our range of translated resources.
For a language interpreter call 13 14 50
then ask your Interpreter to contact 1300 978 611