

LGBTQIA+ community supports and organisations



Twenty10. Works with people across Sydney and New South Wales who are (LGBTQIA+) people and others of diverse genders and sexualities, their families and communities. A broad range of specialised services for young people 12-25 and people of all ages. Check out the 'resource library' which allows you to select First Nations, intersectionality and disability etc.) <https://www.twenty10.org.au/resource-library/>

National LGBTI Health Alliance. Supporting LGBTQIA+ and other sexuality, gender, and bodily diverse people and communities. <https://www.lgbtihealth.org.au/>

Black Rainbow. Black Rainbow is a national advocacy platform and touchpoint for Aboriginal and Torres Strait Islander Lesbian, Gay, Bisexual, Queer, Transgender, and Intersex (LGBTI) peoples. <https://www.blackrainbow.org.au/>

Australian GLBTIQ Multicultural Council (AGMC). A peak body for lesbian, gay, bisexual, trans, intersex, queer individuals and community groups of multicultural and multifaith backgrounds. <https://www.agmc.org.au/about-agmc/>

Melbourne's gender diverse health clinic Equinox. A peer led Trans and Gender Diverse & Non Binary (TGD&NB) Health Service operated by the Thorne Harbour Health <https://equinox.org.au/>

The Royal Children's Hospital Melbourne. Gender Service. Victoria only. Aims to improve the physical and mental health outcomes of children and adolescents who are trans or gender diverse. <https://www.rch.org.au/adolescent-medicine/gender-service/>

QLife. Provides Australia-wide anonymous, LGBTI peer support and referral for people wanting to talk about a range of issues including sexuality, identity, gender, bodies, feelings or relationships. <https://qlife.org.au/about-us>

Health Direct. Access supports. <https://www.healthdirect.gov.au/lgbti-mental-health>

Start Out. Online diverse sex, sexuality or gender (DSG) role models for the LGBT community, and other programs. https://startout.org.au/about_us



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Minus 18. Promoting inclusion, youth empowerment, education, campaigns, workshops and advocacy. <https://www.minus18.org.au>

Just Like Us. Supporting LGBTQIA+ young people. <https://www.justlikeus.org/about>

Acon. Counselling services and a care coordination program for people with complex needs. <https://www.acon.org.au/what-we-are-here-for/mental-health/#lgbti-counselling>

YGender. A peer led social support and advocacy group for trans/gender diverse young people. <http://www.ygender.org.au/>

Rainbow Network Directory. Victoria only. Online network search. People living with disability. <https://www.rainbownetwork.com.au/directory>

Headspace Port Macquarie. Run a regular LGBTIQ+ Social Group every month, RAINBOW YOUTH. For people aged 13-25. Currently online meet ups. <https://headspace.org.au/headspace-centres/port-macquarie/lgbtiq-social-group/>

The Drum Youth Services. A space for queer young people to meet, make friends, work on projects and have fun. (In)Visible <https://thedrum.ds.org.au/program/invisible/>
Queerspace Youth <https://thedrum.ds.org.au/program/queerspaceyouth/>

For more resources, visit:
www.autismspectrum.org.au/lgbtqia

Please note: these links are being provided as a convenience and for informational purposes only; they do not constitute an endorsement or an approval by Autism Spectrum Australia (Aspect).