

Including people with disabilities in PBS

Aspect works in partnership with Autistic people to coproduce research, deliver training, collaborate in service planning, present at conferences, and in peer mentoring programs. By collaborating with Autistic people we are recognise their expertise and their right to contribute to support services, which is best captured by the motto of the Autism Self-Advocacy Network '*nothing about us without us*'.

The participation of key stakeholders, including people with disabilities, is a critical feature of Positive Behaviour Support (PBS), and differentiates PBS from more traditional 'expert driven' approaches, while supporting self-determination, increasing social validity and positively impacting real world settings.

PBS can be improved by better understanding the preferences, insights and experiences of the Although there are difficulties in including people in high levels of distress or with limited communication skills in PBS, there are many opportunities for stakeholder participation.

A framework for including people in PBS.

Aspect has developed a framework for including people in their PBS. Each part of the framework collates available research, international best practice and Aspect's own work. For example:

1. Even though there are contextual fit measures for a PBS plan for parents and teachers there is no measure for the person the plan is written about. Aspect has reviewed this with our Autistic staff and is working to develop a personal contextual fit checklist.
2. Aspect shares easy English information with participants before services begin (*can we share / link to the attached*) to promote a person's understanding of PBS and to seek informed consent to service.

PBS inclusion framework

Areas of PBS where participation might occur
PBS service delivery to individuals <ul style="list-style-type: none"> • Consent for service • Goal setting for service • Contribution to PBS plan development • Training others on the plan • Contextual Fit of the plan • Supporting implementation
In Restricted Practice use <ul style="list-style-type: none"> • Explaining & getting consent
In PBS training to parents and professionals <ul style="list-style-type: none"> • Co-presentations
In school-wide PBS <ul style="list-style-type: none"> • Student voice • In tier 1 PBIS
In research & other publications <ul style="list-style-type: none"> • Deciding priorities • Seeking views of people supported re. PBS

<ul style="list-style-type: none"> • Language re Challenging behaviour • On negative practices
In conferences <ul style="list-style-type: none"> • Participation and presentations
In PBS competencies <ul style="list-style-type: none"> • As a standard practice for PBS professionals

Aspect has collaborated to promote this framework in the

- US <https://www.apbs.org/conference/presentations-2020>
- UK <https://www.bild.org.uk/pbsconf2020/> and
- Australia <https://vimeo.com/434399977/7ab28cb869> and will include students on the autism spectrum in our [research into school-wide PBS](#)

Please contact ttutton@autismspectrum.org.au or jdegrassi@autismspectrum.org.au to find out more or to share information that supports inclusion in PBS