

Aspect Outreach aims to improve the outcomes of school aged individuals on the autism spectrum by increasing their engagement and participation in school and the wider community.

Autism Spectrum Australia (Aspect) is the country's largest autism-specific service provider. We work with people of all ages on the autism spectrum, delivering evidence-informed solutions that are person-centred, family-focused & customer-driven. One of the ways Aspect achieves this is by employing highly skilled professionals with expertise in the field of autism education to deliver Aspect Outreach services and supports.

Aspect Outreach supports the ongoing successful inclusion of children and young people in mainstream schools, support units, special schools and across the wider community, in collaborative partnership with their parents, schools and other professionals.

Aspect's education approach is based on the Aspect Comprehensive Approach (ACA) which supports all areas of the child's development. Each child, with the support of their parents, teachers and professionals, develops their own individualised plan. The plan highlights the learning style, techniques and supports that are most appropriate to the needs of the child and provides a positive learning environment that focuses on his or her strengths and interests. The ACA recognises the importance of positive behaviour support through environmental accommodations, structured supports and transition planning, transdisciplinary expertise, family involvement and professional learning for staff.

Programs and supports from Aspect Outreach include:

- School-based support - whole school approach and individual student focused, peer education and group programs;
- Individual supports - diagnosis awareness, home education support, strengths/talent focused supports and programs;
- Professional learning - customised workshops based on school identified learning needs, evidence informed content and practical application for the whole school, classrooms and other environments.

Some programs and supports can be delivered through teleconference and/or videoconference.

For enquiries and to obtain an application form,  
contact Aspect Customer Service on **1800 277 328** or email [customerservice@autismspectrum.org.au](mailto:customerservice@autismspectrum.org.au)  
Services may not be available in all areas.

# Individual Supports

To improve the engagement, participation and outcomes of school-aged individuals on the autism spectrum

## School-based student consultation

Consults are customised to meet the goals of the young person on the spectrum and may include a focus on:

- individualised planning (IEPs, PLP, IPs) with an emphasis on autism-specific areas of learning (social communication, behavior, sensory) and the development of a student profile. Planning is guided by positive behavior support (PBS) principles and may include a focus on emotional regulation strategies
- development of a behavior support plan
- accommodations and adjustments to curriculum
- supporting transition and inclusion
- environmental review
- social supports (individual social supports, playground review and recommendations)

## Home education support

Support provided to families and school aged children and young people who are being educated at home.

May include a focus on:

- individual programming
- curriculum support
- environmental review
- positive behavior support
- teaching strategies
- entry/re-entry to school
- transition to post school options
- social strategies

## Transition support

Development of a transition plan and individual supports to promote a successful transition for key transition stages such as:

- transition to school (preparing for Kindergarten)
- transition to high school
- entry / re-entry to school
- post school options

## Diagnosis disclosure

Supportive information about a child's diagnosis delivered in an interactive family workshop. A disclosure session is focused on introducing the child to their strengths and talents and creating self-awareness.

# School Supports

Build a school's capacity to support students on the autism spectrum and create an autism-friendly school culture

## Whole school support

Customised to meet the school's goal/s and may include a focus on one or more areas involving:

- developing individualised plans (IP) with an emphasis on autism-specific areas of learning (social communication, social interaction, behavior, sensory) and the development of a student profile
- developing transition strategies for students commencing
- positive behaviour support strategies
- accommodations and adjustments to curriculum
- creating structured learning opportunities
- classroom and playground support strategies
- professional learning and mentoring

## Peer education

A one hour interactive workshop to educate the students in mainstream schools about autism (autism spectrum disorder), particularly about the interpersonal relating style they may notice in their peers who are on the autism spectrum, whether in classrooms, playgrounds or other school and community settings. The program focuses on "The Sixth Sense", our intuitive understanding of others, which is a skill that people who are not on the autism spectrum use all the time in interactions with others. Through activities and discussion, students learn that their classmate on the spectrum has limited "sixth sense" abilities, and they come to understand more about what it might be like to have a sixth sense difference. During this session, the student on the spectrum may or may not be identified.

Peer Education is based on Carol Gray's 'The Sixth Sense' and is customised to suit the age group.

## Customised student workshops

Student workshops can be developed to suit the needs of a selected group of students. Some of the workshop topics delivered in schools include emotional regulation, social skills and transition to high school. An Education Outreach consultant facilitates the workshops in collaboration with relevant school staff.

## Professional learning

Aspect Education Outreach professional learning workshops deliver evidence-informed content with a focus on the practical application for schools, classrooms and other environments.

An Education Outreach consultant will work collaboratively with schools to identify specific learning needs and focus areas for learning, and determine the best option to achieve the professional learning goals. Participants will leave workshops with practical strategies and supports that can inform their practice. All professional learning opportunities draw on adult learning principles to actively engage the participants in learning.

Coaching/mentoring programs can be developed to support the implementation of participants' new learning and the development of practical skills that are linked to the professional learning goals.