



Duty of Care and Dignity of Risk

Easy English



Aspect will support you to make choices and learn so that you can do the things you want in your life.

Human Rights



We do this because we respect you and your human rights.



We work with you and your family to try to help you be safe, and teaching you skills to help you do what you want to do.



This grows your opportunities and helps you to make choices by yourself.



We make sure that you are able to be, with support from people important to you, at the centre of making decisions about your life.

We do this by:



- listening to what your choices are;



- giving you and the people important to you information about the risks, in ways you understand;



- working with family and other people important to you;



- understanding what is important to the you in your life;



We follow government rules, our rules and protect human rights. We have plans for what to do if these rules are broken to make things better.

The 3 most important rules are:



1. You make your own choices, and have privacy and control over your own body.



2. Our staff have to make sure that you are kept safe. This includes making sure you don't harm yourself or others.



3. When we keep you safe, we must respect your human rights. Our staff cannot harm you.



Our activities match what you want to do and your plans for learning. We encourage and support you to make the most of opportunities in your community like:



- Learning and practising new skills



- Being independent



- Having relationships



- Being responsible for your own choices

This document was adapted from the Aspect Duty of Care and Dignity of Risk Policy that can be found on the Aspect website at www.autismspectrum.org.au.

This document was developed in consultation with a variety of individuals throughout Aspect.

Should you need support to understand Aspect's written information in a language other than English, please call TIS on 131 450 to request an interpreter in your preferred language, and ask for Autism Spectrum Australia (1800 277 328).