

Aspect Adult Community Services Programs of Support Calendar

Aspect Adult Community Services offer meaningful social activities to support people with autism develop new skills. The focus is on individuals having choice and control over what programs of support they would like to access. These programs ensure that people increase their independence and are better connected within their communities.

Term 4: 27 September to 22 December 2021

THE BLACK SHEEP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Swimming <i>Time: 9.30am – 12.00pm</i> <i>Cost: \$5.90</i> <i>Location: Hawthorn YMCA</i></p>	<p>MasterChef <i>Time: 9.30am – 12.00pm</i> <i>Cost: \$5.00</i> <i>Location: The Black Sheep</i></p>	<p>Daily Living Skills <i>Time: 9.30am – 12.00pm</i> <i>Cost: \$0.00</i> <i>Location: The Black Sheep</i></p>	<p>Indoor Workout <i>Time: 9.30am – 12.00pm</i> <i>Cost: \$8.00</i> <i>Location: Hawthorn YMCA</i></p>	<p>Coffee & Conversation <i>Time: 9.30am – 12.00pm</i> <i>Cost: \$5.00</i> <i>Location: The Black Sheep</i></p>
<p>Indoor Workout <i>Time: 9.30am – 12.00pm</i> <i>Cost: \$0.00</i> <i>Location: The Black Sheep</i></p>	<p>Get Creative <i>Time: 9.30am – 12.00pm</i> <i>Cost: \$5.00</i> <i>Location: The Black Sheep</i></p>	<p>Indoor/Outdoor Games <i>Time: 9.30am – 12.00pm</i> <i>Cost: \$0.00</i> <i>Location: The Black Sheep & various community locations</i></p>	<p>Healthy Relationships <i>Time: 9.30am – 12.00pm</i> <i>Cost: \$5.00</i> <i>Location: The Black Sheep</i></p>	<p>Couch to 5km <i>Time: 9.30am – 12.00pm</i> <i>Cost: \$0.00</i> <i>Location: Hawthorn Community</i></p>
<p>Trivia / Brain Games <i>Time: 1.00pm – 3.30pm</i> <i>Cost: \$0.00</i> <i>Location: The Black Sheep</i></p>	<p>Woodwork <i>Time: 1.00pm – 3.30pm</i> <i>Cost: \$5.00</i> <i>Location: The Black Sheep</i></p>	<p>Yoga <i>Time: 1.00pm – 3.30pm</i> <i>Cost: \$0.00</i> <i>Location: The Black Sheep</i></p>	<p>Community Gardening <i>Time: 1.00pm – 3.30pm</i> <i>Cost: \$0.00</i> <i>Location: Wattle Park, Burwood</i></p>	<p>Social Connections <i>Time: 1.00pm – 3.30pm</i> <i>Cost: \$5.00</i> <i>Location: The Black Sheep</i></p>
<p>Meditation <i>Time: 1.00pm – 3.30pm</i> <i>Cost: \$0.00</i> <i>Location: The Black Sheep</i></p>	<p>Scavenger Hunt <i>Time: 1.00pm – 3.30pm</i> <i>Cost: \$0.00</i> <i>Location: The Black Sheep</i></p>	<p>Local Gardening <i>Time: 1.00pm – 3.30pm</i> <i>Cost: \$5.00</i> <i>Location: The Black Sheep & various community locations</i></p>	<p>Meditation <i>Time: 1.00pm – 3.30pm</i> <i>Cost: \$0.00</i> <i>Location: The Black Sheep</i></p>	<p>Movie Appreciation <i>Time: 1.00pm – 3.30pm</i> <i>Cost: \$0.00</i> <i>Location: Hawthorn Community</i></p>