

Adult Community Services Program of Supports Calendar

Aspect Adult Community Services offer meaningful social activities to support people with autism develop new skills. The focus is on individuals having choice and control over what programs of support they would like to access. These programs ensure people increase their independence and are better connected within their communities.

Term 3 2021: 5 July – 23 September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Gardening / Maintenance Skills Time: am & pm session Cost: \$5.00 Location: 202 Old Dandenong Rd, Heatherton</p>	<p>Swimming Time: 10:30am – 12:00pm Cost: \$7.00 Location: 111 Chesterville Rd, Highett</p>	<p>Restaurant Time: 10:30am-12:00pm Cost: BYO Money Location: Various locations</p>	<p>Swimming Time: 10:30am-12:00pm Cost: \$7.00 Location: 111 Chesterville Rd, Highett</p>	<p>Cooking BBQ / Community Time: 10:30am – 12:00pm Cost: \$10.00 Location: 202 Old Dandenong Rd, Heatherton</p>
<p>Shopping Time: am & pm session Cost: \$0.00 Location: 202 Old Dandenong Rd, Heatherton</p>	<p>Couch To 5km Time: 10:30am – 12:00pm Cost: \$0.00 Location: Lower Dandenong Rd, Braeside</p>	<p>Public Transport Time: 1:00pm – 2:30pm Cost: BYO Myki Location: Various Locations</p>	<p>Music Therapy Time: 10:30am – 12:00pm Cost: \$8.00 Location: 202 Old Dandenong Rd, Heatherton</p>	<p>Couch to 5km Time: am & pm Session Cost: \$0.00 Location: Lower Dandenong Rd, Braeside</p>
<p>Public Transport Time: 10:30am – 12:00pm Cost: BYO Myki Location: Various locations</p>	<p>Onsite Exercises Time: 10:30am – 12:00pm Cost: \$0.00 Location: 202 Old Dandenong Rd Heatherton</p>	<p>Gardening / Maintenance Skills Time: am & pm Session Cost: \$5.00 Location: Various locations</p>	<p>Pen Pals Time: 10:30am -12:00pm Cost: \$0.00 Location: 202 Old Dandenong Rd, Heatherton</p>	<p>Animal Care Time: 1:00pm-2:30pm Cost: \$5.00 Location: Various locations</p>

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<p>Couch To 5km Time: 1:00pm – 2:30pm Cost: \$0.00 Location: Lower Dandenong Rd, Braeside</p>	<p>Bike Riding Time: 1:00pm – 2:30pm Cost: \$5.00 Location: Various locations</p>	<p>Cooking Time: am & pm Session Cost: \$10.00 Location: 202 Old Dandenong Rd, Heatherton</p>	<p>Scavenger Hunt Time: am & pm sessions Cost: \$0.00 Location: 202 Old Dandenong Rd, Heatherton</p>	<p>Community Social Outing Time: 12:30pm – 2:30pm Cost: BYO Money Location: Various locations</p>
<p>Domestics Skills Time: am & pm Program Cost: \$0.00 Location: 202 Old Dandenong Rd, Heatherton</p>	<p>Sensory Time: 1:00pm – 2:30pm Cost: \$5.00 Location: Lower Dandenong Rd, Braeside</p>	<p>Domestics Skills Time: am & pm Session Cost: \$0.00 Location: 202 Old Dandenong Rd, Heatherton</p>	<p>Cafe Time: 1:00pm – 2:30pm Cost: BYO Money Location: 202 Old Dandenong Rd, Heatherton</p>	<p>Bike Riding Time: 1:00pm – 2:30pm Cost: \$0.00 Location: Lower Dandenong Rd, Braeside</p>
<p>Cooking Time: 1:00pm – 2:30pm Cost: \$10.00 Location: 202 Old Dandenong Rd, Heatherton</p>	<p>Couch to 5km Time: 1:00pm – 2:30pm Cost: \$0.00 Location: 202 Old Dandenong, Heatherton</p>	<p>Shopping Time: 1:00pm-2:30pm Cost: \$0.00 Location: 202 Old Dandenong Rd, Heatherton</p>	<p>Clay Modelling Time: 1:00pm – 2:30pm Cost: \$5.00 Location: 202 Old Dandenong, Heatherton</p>	<p>Dance Time: 1:00pm – 2:30pm Cost: \$0.00 Location: 202 Old Dandenong Rd, Heatherton</p>