

Aspect Webinar Series

May – August 2022



Early Indicators of Autism and Pathways to Support

Tuesday 24 May - 10am

Early Childhood Series (0-6 years)

Indicators of Autism may be detected early in a child's life and are often observed through differences in development. These early indicators can be demonstrated through difficulties in a child's ability to communicate with others, their ability to process sensory information within their world, as well as through their social skills, play and behaviour. Our webinar aims to increase attendees' knowledge of the early indicators of autism in young children.

Our webinar is co-presented with a professional who has a lived experience with an autistic child.

Presented by: Cahli Wall & Meaghan Boyd

Duration: Webinar = 1.5hrs

Understanding and Supporting Sensory Needs

Tuesday 24 May - 1pm

Therapy Support Series (6-15 years)

Sensory processing is the way a person perceives, processes and organises information they receive through their senses. Studies show that up to 95% of autistic people have sensory differences which impact on task performance, school participation, activities of daily living, and is also associated with higher anxiety levels. Our webinar will recognise the sensory differences in each system and how they impact function, look at the history of sensory processing and theoretical models, discover how to assess sensory differences, consider the evidence behind a variety of sensory supports, and determine when to seek additional support.

Our webinar is co-presented with a professional who has lived experience with autistic children.

Presented by: Cahli Wall & Jessica Middleton

Duration: Webinar = 1.5 hours

Promoting a good quality of life

Thursday 26 May - 10am

Adult Series

During our webinar we will look at the definition of good quality of life and why is it important to consider quality of life for Autistic adults. We will look at some barriers to a good quality of life and strategies to support a good quality of life.

Our webinar is co-presented with an Autistic presenter.

Presented by: Isabella Smythe & TBC

Duration: Webinar = 2 hours

Early Play: Encouraging Early Play Development - Part 1

Tuesday 7 June - 10am

Early Childhood Series (0-6 years)

An introductory webinar providing information on play development and how play skills may present differently in young autistic children. Our webinar will focus on practical strategies to increase social connections between the child and familiar adults through engaging in a range of child-led play activities. We will discuss and demonstrate how structured supports including visuals, and the focus on the child's interests and preferences in play, can support the development of a deep, trusting play relationship.

This is a two part webinar. Part 2 will be held on Tuesday 21 June at 10am.

Our webinar is co-presented with a professional who has a lived experience with an autistic child.

Presented by: Cahli Wall & Catherine Ellery

Duration: Webinar = 1.5hrs

Emotional Regulation

Wednesday 8 June - 10am

Therapy Support Series (6-15 years)

Emotional regulation is a complex process which allows an individual to monitor and modulate their expression of emotions and arousal. Children on the autism spectrum experience a wide range of emotions, just like any other child. However, they may respond or portray these emotions in a different way than may be expected. They could experience difficulty noticing the emotions of others, interpreting others emotions and responding to others emotions, as well as possible difficulties noticing, interpreting and responding to their own internal emotions. Our webinar will cover the process of emotional regulation including identification, understanding, responding to and regulating emotions. We will also cover strategies to help support emotional regulation in children.

Presented by: Tegan Ferguson

Duration: Webinar = 1.5hrs

Autism & Mental Health

Thursday 9 June - 10am

Adult Series

Our webinar will discuss the rates of and factors that effect Mental Health conditions in individuals on the autism spectrum. The presentation explores the how challenges experienced due to social and communication difficulties, differences in thinking and learning and sensory experiences can compound and impact mental health in autistic individuals. It provides options to foster emotional, psychological and social wellbeing by implementing autism friendly strategies and knowing when and how to access professional mental health support.

Presented by: Suzanne Hammell

Duration: Webinar = 1.5 hours

Early Play: Extending Play Skills - Part 2

Tuesday 21 June - 10am

Early Childhood Series (0-6 years)

Play is integral to a child's development. Play is the medium through which children learn. Social development encompasses people of all ages using skills to communicate and interact with others. Social connectedness is the feeling of being connected to others and belonging to a group. For autistic children, this may come in many forms and present very differently based on their individual preferences. Social connectedness forms the foundation for developing structure and collaboration in play. Our webinar aims to increase attendees' knowledge of how to support young autistic individuals to help develop their play and social development skills and work towards successful collaborative play with others. In turn, this will build lifelong social skills development.

This is a two part webinar. Part 1 will be held on Tuesday 7 June at 10am.

Our webinar is co-presented with a professional who has a lived experience with an autistic child.

Presented by: Jo Sandral & Catherine Ellery

Duration: Webinar = 1.5 hours

Positive Behaviour Support - Part 1

Wednesday 22 June - 10am

Therapy Support Series (6-15 years)

Our two-part webinar series will provide information on principles and practical applications of positive behaviour support strategies. Attendees will learn proactive, strengths and evidence based approaches to understand behaviours of concern and support people on the autism spectrum. These webinars will provide confidence in creating an autism friendly environment and the process of individual planning for supporting people with autism who demonstrate behaviours of concern. Part 1 will focus on the development of an autism friendly environment including strategies to support individuals with quality of life, communication and thinking and learning.

This is a two part webinar. Part 2 will be held on Tuesday 20 July - 10am.

Our webinar is co-presented with a professional who has lived experience with autistic children.

Presented by: Trish Vanderputt & TBC

Duration: Webinar = 2 hours

Autism and Behaviour for Disability Support Workers

Thursday 23 June - 6pm

Adult Series

Our webinar aims to provide an overview of autism and behaviour. It explores why some people on the autism spectrum may engage in behaviours of concern and includes some key positive behaviour support practice principles that can help guide autism support.

Presented by: Eva Kooyman

Duration: Webinar = 2 hours

Supporting Early Language Development and Visual Supports

Tuesday 19 July - 10am

Early Childhood Series (0-6 years)

Our webinar explores communication development in children and how it may differ for children on the autism spectrum. This information will equip parents and professionals in supporting children who may have communication difficulties, including practical strategies to support their child's understanding and expressive communication through the use of visual supports.

Our webinar is co-presented with a professional who has lived experience with an autistic child.

Presented by: Catherine Ellery & Manuela Guzman

Duration: Webinar = 1.5hrs

Audience: Our webinar will provide information to parents and carers; and will benefit professionals supporting Autistic children in early education and care settings.

Positive Behaviour Support - Part 2

Wednesday 20 July - 10am

Therapy Support Series (6-15 years)

This two-part webinar series will provide information on principles and practical applications of positive behaviour support strategies. Attendees will learn proactive, strengths and evidence based approaches to understand behaviours of concern and support people on the autism spectrum. These webinars will provide confidence in creating an autism friendly environment and the process of individual planning for supporting people with autism who demonstrate behaviours of concern. Part 2 will focus on understanding why behaviours of concern may occur and developing proactive interventions and the development of planned responses for behaviours when they occur.

This is a two part webinar. Part 1 will be held on Tuesday 22 June at 10am.

Our webinar is co-presented with a professional who has lived experience with autistic children.

Presented by: Trish Vanderputt & TBC

Duration: Webinar = 2 hours

Toilet Training

Tuesday 2 August - 10am

Early Childhood Series (0-6 years)

Being independent with toileting skills is a typical stage of a child's development. For autistic children, there can often be added complexities in developing independence with toileting skills. Our webinar will provide information and supports around where to start with toilet training, the stages of toilet training and troubleshooting around common toileting difficulties.

Our webinar is co-presented with a professional who has lived experience with an autistic child.

Presented by: Cahli Wall & Jessica Middleton

Duration: Webinar = 1.5hrs

Mealtime Management

Wednesday 3 August - 10am

Therapy Support Series (6-15 years)

Eating is a complex process and learned behaviour. Research shows autistic people have 5 times greater chance of having mealtime difficulties than their typically developing peers. Our webinar will look at typical eating development, discover reasons why people with autism have feeding difficulties, dispel common myths surrounding eating, and identify a variety of food introduction methods and strategies. More complex medical conditions such as swallowing disorders, allergies and gastrointestinal conditions will not be covered.

Our webinar is co-presented with a professional who has lived experience with autistic children.

Presented by: Ellen Winchester

Duration: Webinar = 2 hours