



Early Days workshops



Early Days is a Federally funded program, run by the Aspect Therapy team from Autism Spectrum Australia (Aspect), as part of the Helping Children with Autism package. Early Days workshops are free for parents, carers and families of young children aged 0-6 years who are on the autism spectrum. They are also available to parents, carers and families who have concerns that their child may be on the autism spectrum, but who have not yet have a diagnosis.

In response to COVID-19 and as a precautionary measure to protect the health and wellbeing of our community, Aspect Therapy is currently conducting all Early Days workshops online via Zoom Webinars. The following workshops are available via webinar:

Foundation workshops	Practical skills workshops
<p>My Child and Autism (2 sessions)</p> <ul style="list-style-type: none">• Understand autism: identify the characteristics of autism and understand how it may be effecting your child in everyday life• You Make the Difference: identify ways you can promote your child's learning and development at home• Early Intervention: what Early Intervention is and how to get the most out of it, including looking at the evidence and decision making process	<p>Developing my child's independence skills</p> <ul style="list-style-type: none">• Understand why everyday self-care skills can be hard for a child with autism• Implement practical strategies to support your child's independence skills e.g. toileting, eating, dressing
	<p>Play and Social Learning</p> <ul style="list-style-type: none">• Understand how autism can impact on play skills• Understand the different types of play and how they develop• Engage your child in play• Build your child's play and social skills
<p>Understanding Behaviour (2 sessions)</p> <ul style="list-style-type: none">• Identify and describe a behaviour: create a clear description of a behaviour and examine what happens before and after the behaviour• Understand the function of a behaviour: use the information that has been gathered to identify what the child is communicating through their behaviour• Plan for Intervention: how to make environmental changes to support the child, find realistic replacement behaviours and reward them	<p>Helping my child cope with change</p> <ul style="list-style-type: none">• Understand why change is hard for your child• Identify the changes that could be challenging for your child• Implement strategies to prepare your child for change in everyday and special situations
	<p>Progression to school</p> <ul style="list-style-type: none">• Determine whether your child is ready for school and identify what skills your child needs to work towards developing to support their transition to school• Plan, prepare, practise and develop practical and play skills to support your child's transition to school• Understand funding options for school-aged children

For further information and to register:
www.autismspectrum.org.au/earlydays
1800 277 328

Aspect
@anywhere
Here for you wherever you are