



# Parent Training Workshops

## Building Tots Program

The [Aspect Building Tots Program](#) is excited to present a series of seven free online workshops, presented by Aspect Therapists. The Building Tots Program targets children aged 2-4 years, showing developmental concerns and/or early signs of autism, and is funded by the Department of Education (DEC).

All workshops will be delivered via Zoom and run for approximately 1 hour. They are designed to provide education to parents related to:

- developmental milestones
- the importance of communication, routines, play, emotional regulation, motor skills and following an adult's agenda in the early childhood environment
- activities and strategies to develop your child's skills
- choosing high-quality early childhood education services
- where to access further information if you have any concerns about your child's development
- an opportunity to ask a qualified speech pathologist or occupational therapist questions about child development

All workshops will be run via Zoom, you must have access to a computer (preferred), tablet, or phone with an internet connection & sufficient audio system. Workshops will also be recorded for those unable to attend live (registration still required).

Workshops dates and times			
Topic	Date	Time	Presenter
Transition to Preschool	Friday 16th April	1pm	Madeline Sonnichsen (SP)
Motor Skills	Friday 23rd April	1pm	Elizabeth Onions (OT)
Developing Language	Friday 30th April	1pm	Madeline Sonnichsen (SP)
Play Skills	Friday 7th May	1pm	Elizabeth Onions (OT)
Adult Agenda	Friday 14th May	1pm	Madeline Sonnichsen (SP)
Routines	Friday 21st May	1pm	Elizabeth Onions (OT)
Emotional Regulation	Friday 28th May	1pm	Madeline Sonnichsen (SP)

(SP) Speech Pathologist (OT) Occupational Therapist

Please use this link to [register your attendance for one or more of our workshops](#) by 9th April 2021: <https://www.surveymonkey.com/r/BPSRH39>



Topic	Description
Transition to Preschool	Children who participate in quality early childhood education are more likely to start school equipped with the social, cognitive and emotional skills they will need to engage in learning.
Motor Skills	Strength and coordination are important for ensuring your child is able to participate in physical activities such as running and drawing; and daily self-care tasks such as dressing and toileting.
Developing Language	Books offer a fun opportunity to develop your child's ability to understand and use language to express themselves.
Play Skills	Play offers your child the opportunity to learn about their environment and engage with adults and friends.
Adult Agenda	This is an important skill for your child to participate and learn in their early childhood setting.
Routines	Knowing what to expect provides your child with a sense of certainty, you will learn how routines are full of opportunities to teach your child new skills.
Emotional Regulation	Your child will benefit from learning about different emotions and how you can support your child to manage their emotions.

*For any pre-registration enquiries, please contact:*

Madeline Sonnichsen - Speech Pathologist [msonnichsen@autismspectrum.org.au](mailto:msonnichsen@autismspectrum.org.au)

Elizabeth Onions - Occupational Therapist [eonions@autismspectrum.org.au](mailto:eonions@autismspectrum.org.au)