



# Take part in our research study exploring loneliness and wellbeing

**We are an international team of Autistic and non-Autistic researchers studying loneliness and wellbeing.**

## **Can you help?**

We are looking for Autistic (self-identifying and formally diagnosed) and non-Autistic adults (18 years and older). You can be from any country, but the survey is presented in English.

## **What do I have to do?**

You will complete an anonymous 15-30 minute online survey about your background, experiences of loneliness and mental health.

You can complete the survey with the help of a support person. You can choose to complete the survey yourself or do it over the phone or video call with a researcher.

## **Find out more**

To open the survey, scan the QR code or go to:  
[redcap.link/AspectWellbeing](https://redcap.link/AspectWellbeing)



For further information, email Dr. Abbey Love:  
[alove2@autismspectrum.org.au](mailto:alove2@autismspectrum.org.au)

When you complete the survey, Aspect will donate AU\$2 to your choice of one of five international charities.

